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### **Foundation Goals**

The objectives of the Canadian National Autism Foundation are charitable. The Canadian National Autism Foundation has been formed to provide funding for:

- \* Educating the general public and professionals;
- \* Providing information and resources to families of children with autism;
- \* Providing funding for Canadian based research and development; and
- \* Promoting national autism awareness

### **Mission Statement**

The Canadian National Autism Foundation promotes the positive improvement and quality of life for people with autism in Canada.

Mailing Address: Canadian National Autism Foundation  
38 King Street East, P.O. Box 66512  
Stoney Creek, Ontario L8G 5E5

## PASSED 2016 EVENTS SO FAR

Autism Awareness Month Event That was held  
"An Extravaganza for the Canadian National Autism Foundation".  
Saturday, April 9, 2016 @ Narulas Banquet Hall, Hamilton, Ontario

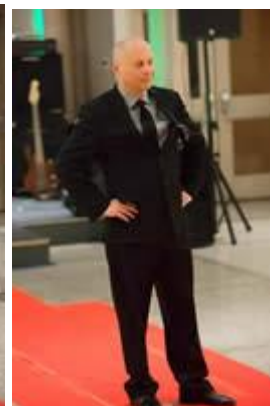
Pictures Below Courtesy of Nathan Fougere



These Photos below courtesy of Greg Gaines



These Photos below courtesy of John Gelder



# Autism Awareness Month Benefit Comedy Night Was a Great Success about 800 people in attendance

Kitchener, ON Bingaman's Marshall Hall, SAT APR 30, 2016  
In support of the [Canadian National Autism Foundation](http://www.canadianautismfoundation.ca/)

<http://www.benefitcomedynight.ca/>



Darryl Purvis, Scott McMann, Christina Walkinshaw, Nick Reynoldson and Dylan Mandlsohn



## **Our Foundation Has allocated fund this year out to:**

~\$2,000.00: [NAC Foundation- National Arts Center- \(Ottawa\)](#) Music workshops for those with autism-touch, listen, play. Music program in Ottawa is aiming to gently introduce kids with autism and Aspergers Syndrome to live tunes. The [Lotus Centre for Special Music Education](#) teamed up with the [National Arts Centre](#) (NAC) to develop music workshops for six-to-12-year-olds with special needs and their parents. The approach that Liz and Erin take is tailor-made to autistic children or those with Aspergers, some of whom may be fascinated by textures, whether tactile or sonic, and are keen to express their ideas, but find any kind of group "experience" almost impossible to tolerate. [A certain way of engaging with music](#) -story (VIDEO)- [A Musical experience for autistic children](#)

~\$2,000.00: [Autism Aspergers Friendship Society of Calgary](#)- Therapeutic Riding Lessons. AAFS provides respite care in a social and recreational environment for children, youth and adults on the spectrum of Autism; this includes, but is not limited to, Autism, Aspergers, Pervasive Developmental Disorder, Attention Deficit Hyperactivity Disorder and Non-Verbal Learning Disorder.

~\$2,300.00: [Proset Autism](#) (Quebec) Program on Development i.e.: Eye Contact, Concentration skills, motor development, participation and motivation. 5 global skills **1)** Joint attention. We are working on eye-contact with their peers and coaches **2)** Concentration skills. Staying focused with the goal at hand i.e. hitting a forehand **3)** Motor development. Gross and Fine motor skills i.e. holding a ball on the racket **4)** Participation. Joining in a variety of games, that underscore team work **5)** Motivation. Identifying the strengths of the children skills and combining the reinforcement that each child needs to maintain their level of performance

~\$5,734.58: [Family Resource Association of British Columbia](#)-Two weeks of summer camp for 8 youths ages 12-18 yrs of age. Therapeutic Camp-Mentorship and Socialize. FRP-BC supports Family Resource Programs in furthering their mandate to strengthen parenting and the healthy development of children within the context of the family. The BC Association of Family Resource Programs promotes the Family Resource Program model as a community hub where both Canadian born families and those new to Canada can access family support, opportunities for engagement, and community resources.

~\$3,000.00: [Camp Kennebec](#)- ( Ontario)- Partial Funding for 6 families- Daily Living Skills, activities, excursions daily balanced meals and so much more for kids & Teens and over night stays and more. Camp Kennebec, a wonderful summer camp for kids and teens with special needs, learning disabilities, and developmental delays including autism, Aspergers, ADHD, ADD, OCD, brain injury, anxiety, social skill and other challenges.

## Autism Information Day May 4<sup>th</sup> at Mohawk College in Hamilton, Ontario

Our Foundation was asked by Mohawk College Councilor Toby to be a part of this Autism Information day and helping students and staff with autism information At Mohawk College information about autism.



### "Strut Yourself" Fashion Show

We brought back our Autism Fashion Show as so many have been asking for the passed few years. This event was such a great success. We had Damir Starr step in to be our MC last minute as our MC took sick. Our wonderful models who were on the Autism Spectrum were just so amazing and felt so special modeling for everyone. It was so amazing watching them build up so much confidence once they started to walk out. The ages of our models were from 3 years old up to in the 40's.

One of our guest speakers named **Amy Hirshkowitz** was from The Rutherford Lab which is run by one of our board members Mel Rutherford. Amy spoke on the continuation of the Twin Study with the Longitudinal and latitudinal Study (President Tina Fougere's information that she gathered the day she found out she was pregnant with twins and continued til today. The study was done in 2005) that they have been doing. It was so interesting to listen to all the work that has been done to date with autism.

Our second guest speaker was named **Kyle Ukrainetz**. Kyle is also a volunteer of our foundation. Kyle's speech was on living with Aspergers and the ups and downs he had growing up. He also spoke about going to High School with Our Presidents son Nathan Fougere and how he was so happy to be able to re connect with him since they have left High School. He also spoke about how it was so great that he learned so much about language and patience from being around Nathan in High School. Such a pleasure having him speak to everyone. He got such an amazing applause from everyone.

Our entertainment for the day Our Entertainment for the day called "Less Than Three" had everyone up and dancing around. The kids had so much fun dancing to the great music. Some of the models outfits were custom made and they were just so amazingly done. We could not have done this without the help of our volunteers and all of our event sponsors and donators. As well all of the wonderful people who came out to show their support for the foundation but more importantly the wonderful models.



Photos courtesy of JD of BarclayE Photography

### KEEP YOUR EYES ON

More upcoming events please check out our website at <http://www.cnaf.net/upcoming.html>

To see passed Newsletter please check out our website at <http://www.cnaf.net/newsletter.html>

Also we have new merchandise that will be coming in and will be posted on our website shortly at <http://www.cnaf.net/fundraisers.html>

We also have a new awareness magazine that will be out soon.

## How to Contact Us

### ***Mailing Address***

Canadian National Autism Foundation  
38 King Street East, P.O. Box 66512  
Stoney Creek, Ontario L8G 5E5

### ***Phone Number***

905-930--8682

### ***Fax Number***

905-930-9744

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info@cnaaf.net

### ***Website Address***

www.cnaaf.net

### ***Charitable Organization***

#867189243 RR0001

## How You Can Help

As a charitable organization, the Canadian National Autism Foundation strives to raise funds to achieve our goals and it is with the support of generous organizations, companies and people that we are able to put together fundraising events such as those we have had in the past in order to raise the funding needed.

At this time we are looking for financial support, and this can come in various forms:

- Sponsorship of portions of our events
- Donations of prizes for our events
- Purchase of tickets to our events
- Financial contributions directly towards our goals (i.e. research)
- Casual Dress Days
- Payroll Deductions
- Host a Golf Tournament or Hockey Tournament
- Sponsor or run a Walk-a-thon
- And any other great ideas that you may have, big or small!

### **Disclaimer**

The Canadian National Autism Foundation (CNAF) does not support, endorse or recommend any method, treatment, product, program or person for people with autism spectrum disorders. The goal of our site and our responses to your questions is to provide accurate and up-to-date information about autism spectrum disorders. We believe everyone has the right to access all of the information available to them, allowing them to make their own individual choice.