



Canadian National Autism Foundation

March 2025 Newsletter

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Foundation Goals

The objectives of the Canadian National Autism Foundation are charitable. The Canadian National Autism Foundation has been formed to provide funding for:

- * Educating the general public and professionals;
- * Providing information and resources to families of children with autism;
- * Providing funding for Canadian based research and development; and
- * Promoting national autism awareness

Mission Statement

The Canadian National Autism Foundation promotes the positive improvement and quality of life for people with autism in Canada

We Have Allocated Out in 2025

~ **\$4116.23** to **Autism Sensory Friendly Light Up The Creek** which is a three night event of the inner city being sensory friendly lights and more with Family Fun Night of Events. Create an autism sensory friendly Kringle Village, Create a safe and welcoming space for those living with autism to enjoy the holiday season, many for the first time at a public event, Create magical nights of an autism sensory friendly village with safe activities to enjoy. To bring the community together to help bring acceptance and inclusion and much needed support for those living with autism

~ **\$3,636.81** to **Extending Police Training on De-escalation**, how to communicate with people with ASD, identifying the typical behaviours and basic characteristics of people with autism and to build relationships with those with autism and their families (bridging the gap) with Niagara, Hamilton and Halton Regions in Southern Ontario.

~ **\$3,000.00** to **Proset Autism** with continuing to bring therapeutic adaptive tennis program to over 300 people with autism with increasing the capacities in Ottawa, Montreal and Markham and Etobicoke.

Upcoming Events

GIANT TIGER

Please be aware that from March 29th to April 5th, with April 2nd being

WORLD AUTISM AWARENESS DAY

With the whole month of April recognized

As World Autism Acceptance Month



We will be having our eighth year of fundraising for the Canadian National Autism Foundation with all funds raised, going to the Hamilton area families that are within our initiatives.

33 Cannon Street East, Hamilton

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"Strutting Acceptance"

Fashion Show For Autism

Featuring our wonderful friends with autism

18th Annual Silent Auction & Specialty Lunch

(percentage of events proceeds going to autism service dog)

Also attending our Partners
some Hamilton Tiger-Cat Alumni

MC ~ Sunni Genesco

Back Personality from 102.9 K-Lite FM

**SPECIAL GUEST
SINGER FROM
CANADAS GOT TALENT
*MEAVE***

Sunday, April 13, 2025
Doors Open 11:30 am
Marquis Gardens
1050 Rymal Road East, Hamilton
Tickets \$33.99 per person

For tickets or to make a donation contact:
Canadian National Autism Foundation 905-930-8682

Tickets must be purchased by April 6th, 2025

Charitable Organization #867189243RR0001

www.cnaf.net

(NO SALES AT THE DOOR)

Our Foundations Autism Race Nights

Brighton Speedway Race Track (Ont) **May 10, 2025**

Petty International Raceway (New Brunswick) **May 17, 2025**

Peterborough Speedway (Ontario) **June 21, 2025**

Scotia Speedworld (Nova Scotia) **August 1, 2025**

Oysterbed Speedway (PEI) **August 9, 2025**

Our Foundation won the 2025 Canadian Choice Award in the Category of Non-Profit Organization



CANADIAN CHOICE
AWARD

CONGRATULATIONS CANADIAN NATIONAL AUTISM FOUNDATION

**WINNER IN THE CATEGORY OF
NON-PROFIT ORGANIZATION**



2025 Community Votes



Our Canadian National Autism Foundation has
Been Notified That We Were **Nominated**
Under These Two Services Below In Green
With This Award And That We Have Now
Moved Into The **Voting** Stage Under

Community Organization

Non-Profit

THANK YOU EVERYONE FOR YOUR
SUPPORT

Voting 2025

Please have your votes in before
Sunday May 18 at 11:59 pm.

Tina Fougere Our CEO President & Founder was Presented with the King Charles III Coronation Medal



"Our Foundations Upcoming 25th Anniversary April 2025 as well our Foundation has Partnered for the 3rd year with the Acknowledging April Autism Acceptance Month as well Autism Family Fun Day

We will have Vendors, games at the parkette with Ticats, Timbits, hotdogs, coffee, popcorn and more.
As well Our Community Partners Hamilton Tiger-Cat Alumni at our office etc.



Our Jazz IN the Creek we thought this event this year we put a spin on it to show case people with autism and their art talent



We Have These Two Support Groups. Contact Our Office To See If We Still Have Spots Left

"PARENT AUTISM SUPPORT GROUP"

"Our Canadian National Autism Foundation (CNAF) will be starting a Parent Support Group starting with 7 people, with 2 to facilitate the group." YOU MUST CONTACT THE FOUNDATION AT INFO@CNAF.NET OR CALL 905-930-8682 TO ATTEND. SPACE LIMITED. This is being held at our office at 39A King St East Downtown Stoney Creek by the Village Restaurant. We moved this from starting in January to now February. This will be the "2nd Wednesday of every month Starting February 8 from 7pm-8pm starting in our foundation office". We have the ability to run over time if needed. If you wish to be a part of this and cannot make it into the office we can set up other ways for you to be involved. Tina the President & Founder of CNAF and a mom of a loved one with ASD and Nancy Silva Khan who is a parent of loved ones on the ASD spectrum that will be facilitating discussions." Again Please contact the office at 905-930-8682 or info@cnaf.net if you are interested in being put on the list. Please no contacting through facebook



Autism Support Group



For those on the Spectrum

The first Wednesday of Every Month

"AUTISM SUPPORT GROUP" For people with autism. One of our board Members with autism will be helping to host this as well. "Our Canadian National Autism Foundation (CNAF) will be starting an Autism Support Group starting with 5 people, with another 2 to facilitate the group (7 in total)." YOU MUST CONTACT THE FOUNDATION AT INFO@CNAF.NET OR CALL 905-930-8682 TO ATTEND. SPACE LIMITED. This is being held at our office at 39A King St East Downtown Stoney Creek by the Village Restaurant. We moved this from starting in January to now February. This will be the "1st Wednesday of every month Starting February 1 from 7pm-8pm starting in our foundation office". We have the ability to run over time if needed. If you wish to be a part of this and cannot make it into the office we can set up other ways for you to be involved. Tina the President & Founder of CNAF (or another parent) and also a Board Member who is himself on the ASD Spectrum Kyle Ukrainetz that will be facilitating discussions." Again Please contact the office at 905-930-8682 or info@cnaf.net if you are interested in being put on the list. Please no contacting through facebook. For ages 16 and up

WE STILL HAVE OUR FUNDRAISER THAT IS GOING ON FOR SHOES/BOOTS

You can use this below online or use it from your cell phones when purchasing in store in lieu of a physical card if you prefer. When purchasing online at www.factoryshoe.ca during the checkout process there's a spot to enter the sku and card number. You can redeem the below cards/pictures. Save them to your phone. Or you can pick up a physical one in our Stoney Creek Office. For every footwear purchase over **\$35.00** our Autism Foundation will receive **\$5.00** from Factory Show Outlet which gets put into a bank account until this is over. Why not help by sharing with your friends and possibly purchasing yourself. If you do not have a card you can use the picture bar code below or use the one on our website at the bottom of the page.

Front of the card



Back of the Card

www.FACTORYSHOE.ca

- Card can be used at any Factory Shoe location
- Shoe purchase must be minimum \$35 (before tax)
- Card must be presented at time of purchase
- Redeem Online: Enter 7-digit SKU & Card# in fields provided.
- This card has no cash value

CARD EXPIRY WILL VARY. PLEASE SEE YOUR FUNDRAISING ADMINISTRATOR



How Can I Donate

You can make a donation to the Canadian National Autism Foundation by:

1. Make a secure online donation through PayPal.
2. Make a secure online donation through Canada Helps, Benevity or PayPal Giving Fund click on the picture.
<https://cnaf.net/charityinfo.html>



3. Mailing a donation to account name Canadian National Autism Foundation, 39A King Street East, Stoney Creek, Ontario L8G 1J9 (Please do not send cash)

4. You can make a donation through email transfer to cnaf_autism@hotmail.com

5. Make a [Memorial Donation](#) by filling out the form and mailing the information to us. We will send a Sympathy Card to the designated person's family in recognition of your donation in their name.

How to Contact Us

Mailing Address

Canadian National Autism Foundation
39A King Street East,
Stoney Creek, Ontario L8G 1J9

Phone Number

905-930--8682

Fax Number

905-930-9744

Email Address

Cnaf_autism@hotmail.com

Website Address

www.cnaf.net

Charitable Organization

#867189243 RR0001

How You Can Help

As a charitable organization, the Canadian National Autism Foundation strives to raise funds to achieve our goals and it is with the support of generous organizations, companies and people that we are able to put together fundraising events such as those we have had in the past in order to raise the funding needed.

At this time we are looking for financial support, and this can come in various forms:

- Sponsorship of portions of our events
- Purchase our foundation items online on our website or come to our office gift shop and purchase something
- Donations of prizes for our events
- Purchase of tickets to our events
- Financial contributions directly towards our goals (i.e. research)
- Hold an Autism Day at your establishment
- Casual Dress Days
- Payroll Deductions
- Host a Golf Tournament or Hockey Tournament
- Sponsor or run a Walk-a-thon
- And any other great ideas that you may have, big or small!

Mailing Address: Canadian National Autism Foundation
39A King Street East,
Stoney Creek, Ontario L8G 1J9
Tel: 905-930-8682 Fax: 905-930- 9744

Disclaimer

The Canadian National Autism Foundation (CNAF) does not support, endorse or recommend any method, treatment, product, program or person for people with autism spectrum disorders. The goal of our site and our responses to your questions is to provide accurate and up-to-date information about autism spectrum disorders. We believe everyone has the right to access all of the information available to them, allowing them to make their own individual choice.