



Canadian National Autism Foundation

December 2025 Newsletter

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Foundation Goals

The objectives of the Canadian National Autism Foundation are charitable. The Canadian National Autism Foundation has been formed to provide funding for:

- * Educating the general public and professionals;
- * Providing information and resources to families of children with autism;
- * Providing funding for Canadian based research and development; and
- * Promoting national autism awareness

Mission Statement

The Canadian National Autism Foundation promotes the positive improvement and quality of life for people with autism in Canada



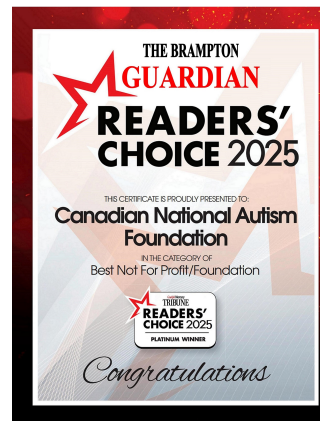
BELOW EVENTS THAT HAVE BEEN DONE AND UPCOMING EVENTS

Our Foundations name was put through for this award and we are a FINALIST
The winners will be announced
January 15, 2026



Readers Choice Awards That we had been Nominated for and Voted on. These are the ones that we were sent that we won.

Platinum



Gold



Pictures from the Dinner Dance in November

MP Ned Kuruk doing a Welcoming Speech then spoke about Tina Our CEO/Chair of the Board. Tina is also the President and Founder and she was presented with an award by MP Ned Kuruc for Exemplary Leadership and Service



More Pictures from the Dinner Dance in November



Giving Tuesday

On December 9, 2025 at Leggat Mazda Upper James Our Foundation was Presented a cheque by Scott Leggat Pictures below and on next page

Leggat Auto Group
2 December at 10:07 · 🌐

It's **#GivingTuesday** — and that means the start of our annual Season of Giving! This year, the Leggat Care Foundation is proud to continue supporting organizations that make a difference across our communities — from children's programs and healthcare initiatives to the arts and beyond.

Throughout the month, we'll be spotlighting the incredible local groups that inspire us every day. Follow along and see how you can get involved, give back, and help us make this **#GivingSeason** one to remember.

#LeggatCareFoundation #CommunityDriven #GivingBack #LeggatAutoGroup #DriveLife



BELOW ARE PICTURES OF EVENTS THAT HAVE BEEN DONE

The December Autism Sensory Friendly Light Up The Creek

These are some pictures from all three Friday Nights



Giving Tuesday

On December 9, 2025 at Leggat Mazda Upper James Our Foundation was Presented a cheque by Scott Leggat
Pictures below and on next page



We Have These Two Support Groups. Contact Our Office To See If We Still Have Spots Left We are adding a program now on the 3rd Wednesday for People on the Spectrum.

"PARENT AUTISM SUPPORT GROUP"

"Our Canadian National Autism Foundation (CNAF) will be starting a Parent Support Group starting with 7 people, with 2 to facilitate the group." YOU MUST CONTACT THE FOUNDATION AT INFO@CNAF.NET OR CALL 905-930-8682 TO ATTEND. SPACE LIMITED. This is being held at our office at 39A King St East Downtown Stoney Creek by the Village Restaurant. We moved this from starting in January to now February. This will be the "2nd Wednesday of every month Starting February 8 from 7pm-8pm starting in our foundation office". We have the ability to run over time if needed. If you wish to be a part of this and cannot make it into the office we can set up other ways for you to be involved. Tina the President & Founder of CNAF and a mom of a loved one with ASD and Nancy Silva Khan who is a parent of loved ones on the ASD spectrum that will be facilitating discussions." Again Please contact the office at 905-930-8682 or info@cnaf.net if you are interested in being put on the list. Please no contacting through facebook



Autism Support Group



**For those on the Spectrum
The first Wednesday of Every Month**

"AUTISM SUPPORT GROUP" For people with autism. One of our board Members with autism will be helping to host this as well. "Our Canadian National Autism Foundation (CNAF) will be starting an Autism Support Group starting with 5 people, with another 2 to facilitate the group (7 in total)." YOU MUST CONTACT THE FOUNDATION AT INFO@CNAF.NET OR CALL 905-930-8682 TO ATTEND. SPACE LIMITED. This is being held at our office at 39A King St East Downtown Stoney Creek by the Village Restaurant. We moved this from starting in January to now February. This will be the "1st Wednesday of every month Starting February 1 from 7pm-8pm starting in our foundation office". We have the ability to run over time if needed. If you wish to be a part of this and cannot make it into the office we can set up other ways for you to be involved. Tina the President & Founder of CNAF (or another parent) and also a Board Member who is himself on the ASD Spectrum Kyle Ukrainetz that will be facilitating discussions." Again Please contact the office at 905-930-8682 or info@cnaf.net if you are interested in being put on the list. Please no contacting through facebook. For ages 16 and up

WE STILL HAVE OUR FUNDRAISER THAT IS GOING ON FOR SHOES/BOOTS

You can use this below online or use it from your cell phones when purchasing in store in lieu of a physical card if you prefer. When purchasing online at www.factoryshoe.ca during the checkout process there's a spot to enter the sku and card number. You can redeem the below cards/pictures. Save them to your phone. Or you can pick up a physical one in our Stoney Creek Office. For every footwear purchase over **\$35.00** our Autism Foundation will receive **\$5.00** from Factory Show Outlet which gets put into a bank account until this is over. Why not help by sharing with your friends and possibly purchasing yourself. If you do not have a card you can use the picture bar code below or use the one on our website at the bottom of the page.

Front of the card



Back of the Card

www.FACTORYSHOE.ca

- Card can be used at any Factory Shoe location
- Shoe purchase must be minimum \$35 (before tax)
- Card must be presented at time of purchase
- Redeem Online: Enter 7-digit SKU & Card# in fields provided.
- This card has no cash value

CARD EXPIRY WILL VARY. PLEASE SEE YOUR FUNDRAISING ADMINISTRATOR

How Can I Donate

You can make a donation to the Canadian National Autism Foundation by:

1. Make a secure online donation through PayPal.
2. Make a secure online donation through Canada Helps, Benevity or PayPal Giving Fund click on the picture.
<https://cnaf.net/charityinfo.html>



3. Mailing a donation to account name Canadian National Autism Foundation,
39A King Street East, Stoney Creek, Ontario L8G 1J9 (Please do not send cash)

4. You can make a donation through email transfer to cnaf_autism@hotmail.com

5. Make a [Memorial Donation](#) by filling out the form and mailing the information to us. We will send a Sympathy Card to the designated person's family in recognition of your donation in their name.

How to Contact Us

Mailing Address

Canadian National Autism Foundation
39A King Street East,
Stoney Creek, Ontario L8G 1J9

Phone Number

905-930--8682

Fax Number

905-930-9744

Email Address

Cnaf_autism@hotmail.com

Website Address

www.cnaf.net

Charitable Organization

#867189243 RR0001

How You Can Help

As a charitable organization, the Canadian National Autism Foundation strives to raise funds to achieve our goals and it is with the support of generous organizations, companies and people that we are able to put together fundraising events such as those we have had in the past in order to raise the funding needed.

At this time we are looking for financial support, and this can come in various forms:

- Sponsorship of portions of our events
- Purchase our foundation items online on our website or come to our office gift shop and purchase something
- Donations of prizes for our events
- Purchase of tickets to our events
- Financial contributions directly towards our goals (i.e. research)
- Hold an Autism Day at your establishment
- Casual Dress Days
- Payroll Deductions
- Host a Golf Tournament or Hockey Tournament
- Sponsor or run a Walk-a-thon
- And any other great ideas that you may have, big or small!

Mailing Address: Canadian National Autism Foundation
39A King Street East,
Stoney Creek, Ontario L8G 1J9
Tel: 905-930-8682 Fax: 905-930- 9744

Disclaimer

The Canadian National Autism Foundation (CNAF) does not support, endorse or recommend any method, treatment, product, program or person for people with autism spectrum disorders. The goal of our site and our responses to your questions is to provide accurate and up-to-date information about autism spectrum disorders. We believe everyone has the right to access all of the information available to them, allowing them to make their own individual choice.